



Mokau
Butchery
06
7529844

Mokau Inn
Motel
06
7529725



Junction
Service
Station
06
7529885



Chris Wise
Contracting
06
7529710

WEEK 7 TERM 3, August 27th 2012

Phone: 06 7529733 *Fax: 06 7529112 *email: admin@mokau.school.nz * web: www.mokau.school.nz

Hello Everyone: Thank you to everyone, we have had a great first week at Mokau. It has been wonderful getting to meet parents and school community. The kids and staff are fantastic and I know that we are going to have many great learning experiences and times together. The cross country was amazing. Mimi did a fantastic job hosting the event and our athletes made us proud. Thank you to the school community on the day.

NOTE: From next week onwards we are changing our assembly day to Fridays at 2.30pm which will help to create more continuity in the week. Newsletters will be sent home on a Thursdays, which we hope will give the school community more notice of up and coming events.

PRINCIPAL
Ben Single

Brain of the Week: This week's Brain is Olli Single for asking great questions when he didn't know what to do or where things were.

Duffy Award: This week's Duffy is Troy Walter. I have been really impressed with his reading and how he is sounding out new words for writing. We hope you enjoy your new book.

Best Feet Forward: The best feet forward this week are Dylan King, Olly Hutchinson & Josh Black for letting Claude join in with them when he was alone. Morgan Cryer for being a great help when cleaning up after making milkshakes.

Bus: Len is back with us driving the bus. Welcome back!! A big thank you to Mr Tuffey for doing the run for the last two weeks. THANK YOU!!

Speeches: We had speeches a couple of weeks ago. Congratulations to all the children who participated, the results are:
Joshua Black 2nd for Y7 & 8,
Lily Hutchinson 3rd for Y7 & 8
Gemma Jones 3rd = for Y5
Well done!

PET DAY TROPHIES: Could the winners of a pet trophy please return them to the school so that they can be collected and sent to Mimi School.

Duffy Theatre: On the 6th of September the Duffy Theatre group will be performing at school in the senior room at **11am**. This is a Thursday morning performance and pre-schoolers (and the wider community) are welcome to come and watch! Uruti School are coming to join us.

Book club: Book club Issue 6 is out today. If you would like to place an order please have it in by the 20th Sept.

Wanted: If you have any old, holey t-shirts that you are not wanting any more could you please ring Margaret Walshaw on 7529813 OR bring them along to school.

Yummy Stickers: Only a few weeks left please have all yummy sticker sheets in by the 14th of September.

Odd Rugby Socks: You know how the washing machine eats socks...well we are on the hunt for adult, single, unholed, rugby socks to store our kapa haka uniforms in. Can you help?

Girls Brigade Cookies: A big thank you to all the parents and girls who are selling these. Could you please give all money to Maree Jones by the end of August, please. Thank you Dorothy Lowry

Cross Country: We went to Mimi School last Friday and what a lovely day it was, with the children trying their hardest in each race. Results on back page. Great effort by all.

Tainui Rugby Club: New Dates

Rugby games for 2012

1 September Ohura HOME 1pm

Also netball game @11am at Mokau School

15th September Piopio HOME 1pm

22nd September North & South HOME 1pm

Also netball game @11am at Mokau School

Breakfast Club: Just a reminder that we have a breakfast club running on Tuesday & Thursday mornings.

FROM THE MIGHTY MOKAU TEAM

**Jackie, Jo, Julie, Len, Margaret,
Merepaea, Rae, BOT, H&S and Ben**

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Cross Country Results

5YR Girls

- 1st Sophia Smyth
3rd Sophie Churchill

7YR Girls

- 2nd Tessa Smyth

8YR Girls

- 3rd Morgan Cryer

9YR Boys

- 1st Oliver Hutchinson
3rd Bryn Raine

10YR Boys

- 2nd Dylan King

11YR Boys

- 1st Joshua Black

12YR Boys

- 2nd Flynn Wise

Well done to you all

GO with carbohydrates!

To be an awesome 1500m runner like **Nick Willis**, it's important to eat carbohydrates as they are the main source of fuel for your muscles, brain and cells.

Children need five serves per day.

Carbohydrate foods include breads, cereals, pasta and rice, corn, potato, kumara and taro.



LUNCHBOX FILLERS

Easy nutritious snacks for the lunchbox

GO and GLOW with homemade fruit muffins.

1 ½ cups self raising flour ¼ cup sugar

½ cup milk ¼ cup oil

1 egg 1 cup berries, diced or
tinned fruit

Mix dry ingredients, add the rest and mix. Put
teaspoonfuls in greased mini muffin trays and
bake at 180°C for 10-12 minutes.

